

From the farm gate across the river in front of Bryngarw House to the main drive, keeping the road to your right, like the farm gate on the left. Bryngarw House is just the main drive, keeping the road to your right, like the farm gate on the left.

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## ADVICE AND INFORMATION

The going can be steep and may be wet and slippery in places. Remember to wear suitable clothes and take food and good footwear. Always take care to avoid the river and its banks. Do not walk on the river banks or in the water. Do not pick or eat any plants or mushrooms unless you are sure they are safe to eat.

It should be easy to follow the route using the map and instructions inside this leaflet. When walking the route try and look out for the Walk logo that will be situated on signs, gates and road signs along the route. Directional warnings with arrows will advise you as to which direction you are on or a public right of way. We also recommend you refer to the OS 1:25,000 Explorer Map 151 Cardiff and Bridgend and Map 166 Rhondda and Merthyr Tydfil.



Bryngarw House

For further information about this walk or to pass on your comments and suggestions or to report any practical problems on any of the paths please contact the Rights of Way Section, Communities Directorate, Merthyr House, Bennett Street, Bridgend Industrial Estate, Bridgend, CF31 3SH.

Telephone 01656 642553 or 01656 642593 or by e-mail at [rightsofway@bridgend.gov.uk](mailto:rightsofway@bridgend.gov.uk)



Stream in the Garw Valley

To cross the river with only one footbridge and you will cross to a bank in the north. The left side you will cross to the opposite side of the river. The right side you will cross to the opposite side of the river.

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## COUNTRYSIDE CODE

RESPECT  
PROTECT  
ENJOY



- 1 Be safe – plan ahead and follow any signs
- 2 Leave gates and property as you find them
- 3 Protect plants and animals, and take your litter home
- 4 Keep dogs under close control
- 5 Consider other people

Follow the Countryside Code wherever you go. You will get the best out of the countryside and help to maintain it now and for the future.

## PUBLIC TRANSPORT

For further information on bus times and service numbers telephone Bridgend County Borough Council's **Public Transport Section** on **01656 642559** or the **Traveline** on **0871 200 22 33** [www.traveline.info](http://www.traveline.info)

## CAR PARKING

There is parking provision at the following:  
On-street parking in Brynmawr  
Bryngarw Country Park

## ACCOMMODATION

To make a reservation or to obtain information on accommodation contact one of the Tourist Information Centres. These are at McArthur Glen Designer Outlet off Junction 36 the M4 (Telephone **01656 954900**) and at John Street, Portcawl (Telephone **01656 786355**).

For further general tourism information about the Bridgend area you can contact us via e-mail at [tourism@bridgend.gov.uk](mailto:tourism@bridgend.gov.uk). Alternatively, you can visit our website which is at [www.bridgend.gov.uk](http://www.bridgend.gov.uk)

For further information on Bryngarw Country Park contact The Bryngarw Rangers Tel **01656 725155**

## ACKNOWLEDGEMENTS

Thanks to the following for helping to either prepare the walk and leaflet or for sponsoring the leaflet

- Daniel Lock, Bryngarw Ranger
- Keith Douglas



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# Bryngarw Circular Walk



Up to 4km / 2.5 miles  
1 1/2 hours

A circular walk from Bryngarw Country Park through the Garw Valley ...



# Bryngarw Circular Walk

## Introduction

The walk descends a circular walk from Bryngarw Country Park through the countryside along the Carn Valley. The route is approximately 4.5 km (2.7 miles). The walk should take approximately 1.5 to 2 hours to complete but you should allow a bit more time to enjoy the views of the countryside.



Bryngarw House



For converted the decision below  
 Carny Park as the starting point. You  
 can't, however, actually start from any point  
 along the route, and if traveling in the opposite  
 direction, simply reverse all directions.

Leave the car park and head along the drive to the entrance of the park  
 When you reach the entrance, head to the park and take the sign which  
 points clockwise on your right.

### 1 Bryngarw Country Park was designated as a country park in 1980

With plans to have the Gwynedd Commission the wooded  
 woodland and grassland management to take place and restore them  
 to their original state.

1956 and to this day provides a valuable public amenity.

From the west around part for 150 metres to the first woodland  
 just past through the bridge with a view of the woodland.

For the first time in the Carn Valley a well defined public right of way  
 was created as part of a conservation scheme by the Gwynedd Commission.

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 was created as part of a conservation scheme by the Gwynedd Commission.

Wooded area is covered in a variety of trees. Gwynedd Commission  
 has planted a variety of trees and shrubs to enhance the landscape.

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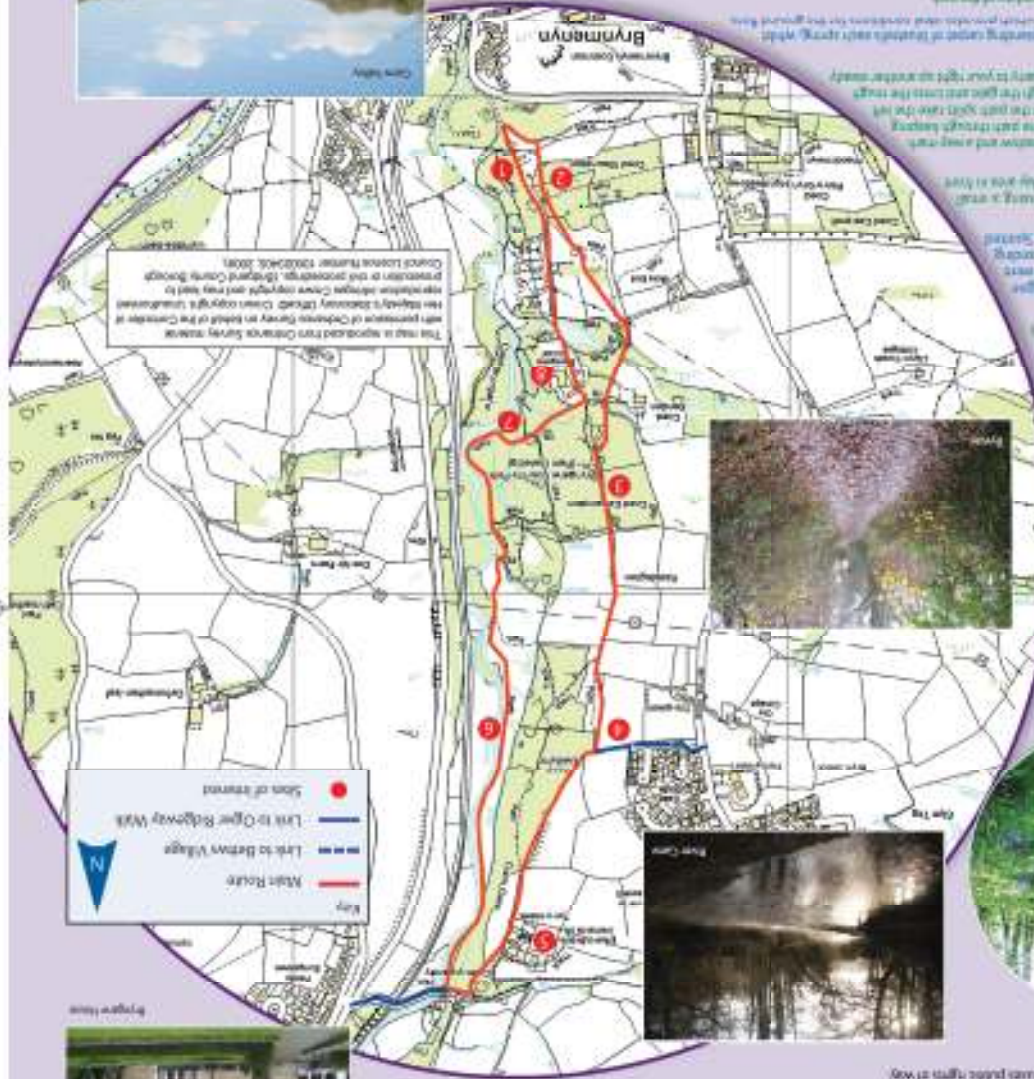
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Carn Valley

Follow the route of the walk from the green house gate at the boundary of the park.  
 Check the route of the walk along a path along a private road. This crosses along the boundary of the park and down some steps, and you reach the public  
 footpath. Turn right to continue in a southerly direction along the Carn River to return to the main area of the park.  
 To continue the walk, go through the wooden gate and follow the well-defined path along the edge of the valley.  
 GYMNEDD! On your right you have views across to the valley and the Carn River. On a clear day the mountains that border the Llynfyr Valley can be seen to the west. Ahead the  
 Barrow Trossachs can be seen.  
 Follow the defined path for 400 metres, and you reach a T-junction with an old railway track which is a driveway to an estate.